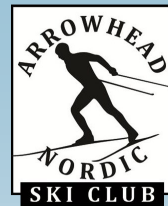


February 5, 2020

# Jack Rabbits

## Week 6 Newsletter



\* Saturdays 10-12

*Holly Groome*

\* Saturdays 1-3

*Ally Myers*

\* Sundays 10-12

*Cheryl Leavens*



This week we will be creating our **ski playground**.

We will be setting up this fun course with various features and obstacles and each group will spend some time challenging themselves. This is a great way to continue working on balance and agility, key Nordic skiing skills.



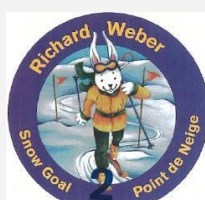
We will be also be celebrating some early Valentine spirit this weekend. We will have a “**red discovery trail**” set up for groups to test out their keen wilderness observation skills.

**Redy** or Not...here we come!



### Important Reminders and Dates:

- This weekend, Feb. 8 & 9th Skate Skiing continues for Level 3 and 4's. Please make sure you have rentals arranged early if needed.
- No Programs Family Day Weekend, **February 15 & 16**. This is a great opportunity to collect Snow Goals.
- It is great to see so many Jack Rabbits registered for the upcoming Elementary Ski Race. Remember these races count towards awards like Snow Goals and Competition Awards.



Follow us on twitter <https://twitter.com/arrowheadnordic>

# 2021 Jackrabbit Toque Design Contest

**Hello Jackrabbits!**

Please use the square below to draw a design that will inspire all Jackrabbits across the country to always try their best!

We will put the top 10 designs on Survey Monkey for a vote by all Nordiq Canada members to decide the JR toque of 2021! Good luck and happy winter!



Jackrabbit name: \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_ Phone number: \_\_\_\_\_ Mailing address: \_\_\_\_\_

Which club do you belong to? \_\_\_\_\_

## Before you start!

Clear lines show up best

\*The design will be printed randomly on the toque, and may be altered from the original design\*

Please submit design by noon, MST on March 11, 2020 to: [igyapay@nordiqcanada.ca](mailto:igyapay@nordiqcanada.ca) and participate in the voting process from March 11, 2020 to March 18, 2020 noon, MST, via Survey Monkey! The 2021 winning design will be posted on the Nordiq Canada website and Facebook.



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