

Jack Rabbits

Week 4 Newsletter



* Saturdays 10-12

* Saturdays 1-3

* Sundays 10-12



January 25th & 26th: Becky Scott Sprints

This week each group will cycle through the 100 metre Becky Scott sprint course with parent volunteers helping us with timing. Super fun introduction to racing, working on short bursts of speed!

Becky Scott



A great Canadian Nordic Skiing Role Model

Reminders and Updates:

- This is the final Classic Week for Level 3 & 4 (we will stick with the plan of beginning Skate Skiing on both **Saturday & Sunday, Feb 1&2** for Levels 3 & 4, even with the Sat. Jan 11 cancellation).
- Our make-up day for the Jan. 11th cancellation will be on **Saturday March 7th.**
- On Week 6: Feb 8 & 9 we will be setting up a Fun Ski Playground Challenge.
- Keep working on those snow goals and other achievement levels (see Newsletter Week 1 for details or consult the sheet posted in the Pavilion).
- The Muskoka Loppet is this **Sunday January 26th.** Registration closes on Thursday so still a chance to sign up. **Sunday Jack Rabbit program will run from 1-3 on the 26th to accommodate the Loppet.**

