

Jack Rabbits

Week 3 Newsletter



* Saturdays 10-12

* Saturdays 1-3

*Sundays 10-12



Muskoka Loppet Registration is still Open:

Want to test out your classic skiing skills in a fun ANSC club event. Consider signing up for the Muskoka Loppet.: **Sunday Jan 26th**. There is a recreational family and kids race that even has a cookie station on the route. Sign up now at <http://arrowheadnordic.ca/>

Thanks for your patience on Saturday as



we made a program decision. We check in with staff at Arrowhead at 8:00 a.m. to make a final call so will post a message by 8:15

Snow Goals: Remember any hour on nordic skis outside of program counts as a snow goal!



- ◆ Still no poles for Bunny's & Level 1's until coaches advise
- ◆ Classic skiing for two more weeks in Level 3 & 4
- ◆ Sunday lessons on January 26th are from 1-3 due to the Muskoka Loppet



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The Program Namesake



“Jackrabbit” Johannsen Herman Smith Johannsen, who was born in a small Norwegian village in 1875, contributed significantly to the development of cross-country skiing in Canada. In the late 1920s he settled in the Laurentians in Quebec. For many years, he designed crosscountry ski trails in Canada, and particularly in that region. As a consultant, he was part of the development of ski centres in Lac Beauport, Mont-Orford, Mont-Gabriel, Mont Tremblant and Collingwood (this last one in Ontario). The Cree he met along those trips admired his ability to move between trees and his capacity to travel by ski for long distances. Subsequently they named him “Wapoos,” a Cree word for Jackrabbit. He registered in his last ski race at the age of 75! When he passed away in 1987 he was 112 years old. When the Jackrabbit Ski League was created in the early 1980s he supported the program by giving it his nickname.

Stay tuned for the launch of the 2020 toque design content coming soon. Get your ideas ready!

The toque design inspiration is from a drawing by Kate Burrige Macdonald from Bruce Ski Club, Hepworth, ON.

This is the toque your child will get at the end of the season.

