



Jack Rabbits

Week 3 & 4 Newsletter



* Saturdays 10-12

* Saturdays 1-3

* Sundays 10-12



January 26th & 27th: Becky Scott Sprints

This week each group will cycle through the 100 metre Becky Scott sprint course with parent volunteers helping us with timing. Super fun introduction to racing, working on short bursts of speed!

Becky Scott



A great Canadian Nordic Skiing Role Model.

Reminders and Updates:

- This is the final Classic Week for Level 3 & 4. Week 5 (February 2 & 3) we will stick with the plan of beginning Skate skiing for Levels 3 & 4
- Our make-up week for last week's cancellation will be on March 9 & 10 (**this is the beginning of March Break so please let Ally Myers know if you will not be there**). We have a plan to do a fun longer ski with an outdoor snack and fire, weather permitting
- We will still hold the Awards ceremony on March 2 & 3 and just shorten the potluck to maximize skiing time
- The Ski Playground will now be rescheduled for Week 5: Feb 2 & 3
- Keep working on those snow goals and other achievement levels (see Newsletter Week 1 for details or consult the sheet posted in the Pavilion)
- The Muskoka Loppet is this Sunday January 27th. Registration closes on Thursday so still a chance to sign up. **Sunday Jack Rabbit program will run from 2-4 on the 27th to accommodate the Loppet.**

